



# Wellness Fun Run Registration Form

{3 mile / 1-mile course ~ Event Check-in: 8:00am ~ Race begins: 8:30am ~ Return form to RBHS Main Office}

RBJUHSD Wellness Committee is dedicated to promoting a healthy lifestyle by supporting the adoption of attitudes that contribute to positive well-being and activities designed to support healthy choices. Be a part of the MOVEMENT!

This run/walk event is a great opportunity to come together and get some exercise as we head into spring.

Refreshments and a keepsake from the event will be provided at the finish line, see you there!

*Any questions pertaining to the event please call 530-529-8838 or 530-529-8710*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Male: \_\_\_\_\_ Female: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

(Check One Event): 3 mile course \_\_\_\_\_ 1 mile course \_\_\_\_\_

### **Entry Fee (Check one):**

RBJUHSD Students: Free with Registration sheet and Student ID Number

Early Registration -\$15.00 (Feb 1—March 29) \_\_\_\_\_

Day of Race Registration - \$20.00 (March 30, 2019) \_\_\_\_\_

Release and waiver (Please read and sign)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that I assume any and all risks associated with running this event including, but not limited to falls, contact with other participants, and the effects of weather and conditions on the course. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to use, and waive, release, and discharge the sponsors or contributors to this event, any race official, volunteers, the Red Bluff Joint Union High School District, its elected or appointed officials, employees, agents and volunteers from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation.

This release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photography, video tapes, motion pictures, recordings, or another record of the event for any purpose. Minors will be accepted with a parent's signature.

\_\_\_\_\_  
Participant Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature (required for minor)

\_\_\_\_\_  
Date